



So, you've just had a talk with your partner and they revealed that they are interested in exploring kink, BDSM or Dominance and submission (perhaps all of it) and you are overwhelmed right now with thoughts and not sure what questions to ask to understand them better. It's alright to be struggling with the new information. Your partner just revealed a part of themselves to you because they trust you, because they want to share it with you in some way and because they are comfortable being vulnerable around you.

That's a great thing!

I'm assuming that you are responding favorably or at least open to the idea of learning more about what your partner has shared with you if you are reading this report. Hopefully the questions I have listed here will help you understand more about your partner's desires and what they trust you to explore with them.

Take some time to figure out for yourself where you stand. I'm sure they will be receptive that you need time to process the new information and to form your

thoughts. You will have questions. It's part of learning and accepting your partner as they are. I'd like to help you ask the questions that will get you the answers to thoughts you are currently having about your relationship, your partner and the new idea of kink in your relationship. None of these are mandatory to ask, but I do hope they help you formulate your thoughts, get the answers you need from your partner so that you can decide how kink will or won't fit into your current relationship.

1. When did you first learn of your interest in [kink, bdsm, spanking, submission, etc.]?
2. Have you experienced this before?
3. How would you like me to be involved?
4. Is there anything you've read about \_\_\_\_\_ that you'd like me to read?
5. What happens if I don't want to participate in \_\_\_\_\_?
6. What is it about \_\_\_\_\_ that attracts you?
7. How do you define a submissive? A Dominant?
8. What if I find that I don't like to do \_\_\_\_\_?
9. Is this a bedroom-only desire or do you want an overall change to the relationship?
10. How safe is it?
11. How do you suggest we get started?

Something to keep in mind, your partner might not have all the answers. Depending on how long your partner has been interested in their new-found interest, they may not have done a lot of research or self-reflection either. But that's the beauty of these questions. You can use them to learn more about each other and what you both want. And even though your partner might not have the answers, it doesn't mean they aren't serious either.

## ***Recommended Resources***

Along with asking questions, you might want to do some research for yourself. There are hundreds of fantastic books available to learn about different facets of BDSM and D/s as well as websites, such as [SubmissiveGuide.com](http://SubmissiveGuide.com) and [DominantGuide.com](http://DominantGuide.com) that can help guide you into exploring kink safely and easily. So, I've taken some of the guesswork out of it for you by providing you the top 3 books I recommend to everyone new to BDSM. The only thing you have to do is figure out which one you want to buy first!



[How to be Kinky: A Beginner's Guide to BDSM](#)  
by Morpheus

This is a fantastically simple book. The information is great for the beginner or nervous and curious bystander. I like the real people images inside – they may be professional but they are definitely of real people and not photoshopped models in latex and rubber. The detail in the information is easy to read, conversational and the tips and quotes in the margins are great! I've gone through this book several times since I reviewed it for Submissive Guide and it doesn't change – it's a solid resource for novices.

[-Available at Amazon.com](http://Amazon.com)

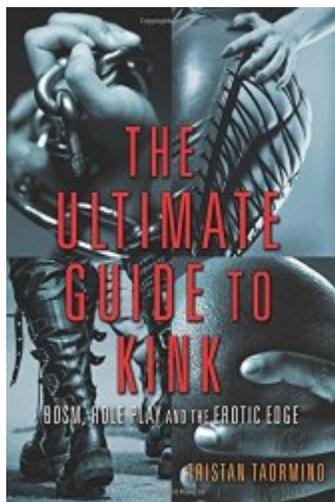
[The New Topping Book](#) and [The New Bottoming Book](#)  
by Janet Hardy and Dossie Easton

This is actually 2 books, but they cater to whatever side of the slash you reside. So if you are Top person (Top, Dominant, Master, Daddy/Mommy) you'll want to



pick up the Topping book. If you are a bottom (bottom, submissive, slave, pet, babygirl/boy) you'll want the Bottoming book. I love these books because they simply provide that common sense facts that will get you started in BDSM, from identity to safety, community and play. It's got it all and in bite-sized pieces too.

[-Available at Amazon.com](https://www.amazon.com)



### The Ultimate Guide to Kink: BDSM, Role Play and the Erotic Edge

by Tristan Taormino

The Ultimate Guide to Kink is the first major guide to BDSM in a generation—a bold and sexy collection of essays that run the gamut from expert how-to tutorials to provocative essays that delve into complex questions about desire, power, and pleasure. The book brings together diverse

voices from the kink community in an unprecedented way: each chapter is written by a different sexuality/BDSM educator.

[-Available at Amazon.com](https://www.amazon.com)

No matter what book you pick, or all three, I am sure that they will all be a perfect first step for you into BDSM and understanding the world you would like to explore.

## **In Closing**

While not all of these questions will be suitable to your situation or your thoughts on the revelations your partner has shared, I do hope they will help you get the answers you need to make the right choices in your relationship and your exploration of kink, BDSM or D/s relationships.